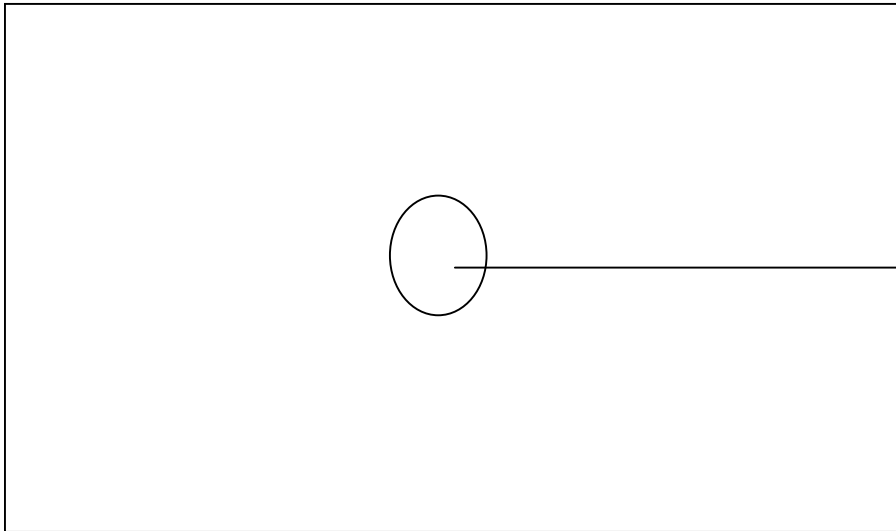


## Instructions to make the Zipper Poncho

1. Take 1 piece of polar fleece or similar weight fabric measuring 62"x 35"
2. Cut a lengthwise 30" cut down the centre of the fabric to the mid-point (this will be where you will insert the zipper)
3. Cut an oval hole for the head measuring 10" x 5"
4. Sew a 1" hem around all outside edges (fabric should now measure ~60" x 33")
5. Sew a ½" hem around the hole for the neck
6. Fold back the fabric around the lengthwise cut and insert the zipper



## Instructions to make the Button-up vest (male/female)

1. Take 1 piece of light cotton or similar shirt weight fabric measuring 45" x 35"
2. Cut the fabric in half lengthwise to create 2 pieces of fabric measuring 45" x 17.5"
3. Cut a half oval hole for the head on each piece to measure approx 5" x 5"
4. Sew a 1" hem along all outside edges
5. Sew a ½ " hem along the edges of the neck hole.
6. Fold back the fabric down the cut side by 1" and hem
7. Attach 5 flat ¾" buttons spaced 3.5" apart along the inside edge of one piece of fabric  
(Do this again on the other side of the neck hole)
8. Make corresponding button holes along the inside edge of the other piece of fabric
9. Mark the fabric to indicate which side buttons for male (buttons on R) vs female  
(buttons on L)

